

Parish of Alston Moor

Sung Eucharist for Christmas & Epiphany

“Mass for St Giles” – Malcolm Archer



Welcome

If you have a query,
please speak to the welcomer on duty,
who will be glad to help you.

Prayer Requests

If you would like us to pray for someone or
something specific during the service,
please speak to the welcomer.

A Word to Children

You are very welcome at all our services.
We want you to feel comfortable
and able to join in,
and we don't mind a bit of noise!

If you are onsite

Standing, sitting, kneeling

This booklet suggests where to stand (to praise God), to sit (to receive from God) and to kneel (to ask from God).

But feel free to stand, sit or kneel at any time, as you are most comfortable.

Gluten Free Wafers



All our wafers are gluten free.

Communion Wine



Our communion is organically and ethically produced and fairly traded.

Loop System



This church is equipped with a loop system: please set hearing aids to the “T” position.

Receiving Communion

You are welcome to share bread and wine with us if you do so in any Christian church – or to receive a blessing if you prefer.

If you need assistance to get to the altar, or need to receive communion in your pew, please speak to the welcomer.

Livestreaming

This service will be livestreamed on Zoom and YouTube. If you prefer not to be filmed, please ask the welcomer where to sit.



If you are joining in online

Where to find us

Find us on Zoom (Meeting 357 123 751) or at www.alstonmoor.tiny.us/youtube

You may like to prepare ...

- the Easter candle, or another candle, and something to light it with
- a Bible and hymnbook – or today's readings and hymns from our website

Microphones

Please keep your microphone muted, except when joining in the responses or prayers

Livestreaming

The service will be livestreamed on Zoom and YouTube. If you are uncomfortable with being seen online, or on a screen in church, please turn off your camera.

Christmas & Epiphany

After the quiet reflection and preparation of Advent, the joy of Christmas bursts in.

At Christmas, we celebrate the birth of Jesus, 'Emmanuel' – God with us.

The season of Epiphany marks the revelation of Christ – first to the Magi who travelled from afar to worship the Christ child, but also in his Presentation in the Temple, in his Baptism and in his first sign at Cana in Galilee.

Epiphany proclaims the promise that Jesus Christ is God's gift to *all* people.

So our worship is once again filled with joy and praise to God, and the sombre purple of the Advent hangings gives way to festal white and gold.



i We start this service by greeting one another in God's name; we 'clear the decks' by receiving God's forgiveness for our sins, and those of the world; we praise God as we join in the angels' song 'Gloria in Excelsis'; and we pray the Collect (prayer for the week) which gathers up our thoughts and prayers.

¶ Gathering in God's Presence

Please stand as the ministers enter

A Bible sentence may be read, and then



The Greeting

Welcome in the name of Christ.

God's grace, mercy and peace be with you

All and also with you.

Words of welcome or introduction may be said

- ◆ We come from diverse lives to meet with God. Let us recognize God's presence among us.

Silence is kept.

- ◆ Whether present in this building, or joining in online

All We are united in the love of Christ.

We light the Paschal Candle in church, and our candles at home, as a sign of Christ's presence

A hymn or carol is sung

Prayer of Preparation

All Faithful God, whose word is life:
come with saving power
to free our praise, inspire our prayer
and shape our lives,
through Jesus Christ our Lord.
Amen.

Saying Sorry, Being Forgiveness

These or other appropriate words are said



Christmas

- ◆ As we kneel with the shepherds
before the newborn Christ-child,
we open our hearts in penitence and faith.



Epiphany

- ◆ The grace of God has dawned upon the world
through our Saviour Jesus Christ,
who sacrificed himself for us
to purify a people as his own.
Let us confess our sins.



Please kneel

All Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
**We have not loved you
with our whole heart.
We have not loved our neighbours
as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God.
Amen.**

The priest assures us of God's forgiveness, in these or other words

The God of all healing and forgiveness
draw you to himself,
and cleanse you from all your sins
that you may behold the glory of his Son,
the Word made flesh,
Jesus Christ our Lord.

All **Amen.**

Gloria in Excelsis

Please stand

Either we sing



All *f* Glo-ry to God in the
high-est, and peace to his peo-ple on
earth. Lord God, heaven-ly King, al-
- might - y God and Fa - ther, we
wor-ship you, we give you thanks, we
praise you for your glo - ry.
mp Lord Je-sus Christ, on-ly Son of the
Fa-ther, Lord God, Lamb of God, you
take a-way the sin of the world: have
mer-cy on us, have mer-cy on
cresc. us; you are seat - ed at the
mf right hand of the Fa - ther: re-ceive our

rall. *f* *a tempo*
 prayer. For you a-lone are the
 Ho-ly One, you a-lone are the Lord,
 you a-lone are the Most High,
 Je-sus Christ, with the Ho-ly
 Spi-rit, in the glo-ry of God the
 Fa-ther. A *rall.* - men.

Or we say

All Glory to God in the highest,
 and peace to his people on earth.

Lord God, heavenly King,
 almighty God and Father,
 we worship you, we give you thanks,
 we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
 Lord God, Lamb of God,
 you take away the sin of the world:
 have mercy on us;
 you are seated at the right hand
 of the Father:
 receive our prayer.

For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ, with the Holy Spirit,
 in the glory of God the Father.
 Amen.

The Collect (*Prayer for the Week*)

After a period of silent prayer the Collect is said, and all respond:

All Amen.



We listen to readings from the Old Testament (the ancient Jewish Bible that Jesus himself knew) and/or the New Testament (writings of the early Christians), and from one of the Gospels – accounts of the life and teachings of Jesus.

Through the sermon we explore what these readings mean, and what God might be saying to us through them today.

We respond by affirming the faith we share, as we say the Creed, and by praying for the needs of the world.



¶ Listening to God's Word

Readings

Please sit

We hear one or two readings from the Bible

At the end of each, the reader says

God be in our listening

All and in our understanding.

A hymn, carol, psalm or canticle may follow each reading

Gospel Reading

Please stand

The Gospel may be heralded by an acclamation such as



Christmas

- ◆ Alleluia, alleluia.
The Word became flesh
and dwelt among us,
and we have seen his glory.

All Alleluia.

cf John 1.14



Epiphany

- ◆ Alleluia, alleluia.
Christ was revealed in flesh,
proclaimed among the nations
and believed in throughout the world.

All Alleluia.

cf 1 Timothy 3.16

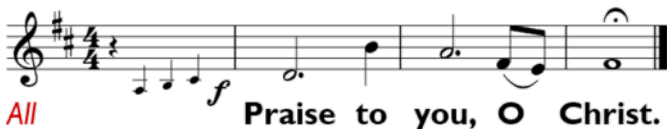
Then

- ◆ Hear the Gospel of our Lord Jesus Christ
according to N.



At the end

- ◆ This is the Gospel of the Lord.



Sermon

Please sit



Affirming our Faith

Please stand

**All We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate
from the Holy Spirit
and the Virgin Mary
and was made man.
For our sake
he was crucified
under Pontius Pilate;
he suffered death
and was buried.**



**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand
of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father
and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic
and apostolic Church.**

**We acknowledge one baptism
for the forgiveness of sins.**

**We look for the resurrection
of the dead,
and the life of the world to come.
Amen.**

Praying for Others

Please kneel

*One of these responses
may be used*



All Lord, in your mercy
hear our prayer.

Or

Lord, hear us
All Lord, graciously hear us.

Or

Lord, your will be done



All Through our lives and by our prayers,



your King - dom come.

And at the end

Merciful Father,
All accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.



We remember Jesus' instruction not to bring gifts to God if we have anything against our brothers or sisters. So we share God's peace with one another before our offerings are brought forward – bread and wine, symbols of human labour, and the money we offer for the church's work.

We then pray the Eucharistic Prayer – the great prayer of thanksgiving, in which we give thanks for all that God has done for us, especially through the life, death and resurrection of Jesus. We remember Jesus' Last Supper with his disciples. And we pray that, by the Holy Spirit, Jesus may be present to us in the bread and wine, and nourish us with his divine life.

¶ **God Present in Bread & Wine**

Sharing God's Peace

Please stand

The priest introduces the Peace



Christmas

Unto us a child is born, unto us a son is given,
and his name shall be called
the Prince of Peace.

Isaiah 9.6



Epiphany

Our Saviour Christ is the Prince of Peace.
Of the increase of his government
and of peace, there shall be no end.

All The peace of the Lord be always with you
and also with you.



Let us offer one another a sign of peace.

All may exchange a sign of peace with immediate neighbours, for example in sign language, or with a handshake and greeting such as "Peace be with you"



Preparation of the Table Taking the Bread and Wine

*A hymn or carol may be sung and a collection taken
The gifts of the people (first the bread and wine, then
the collection) may be presented*

The priest takes the bread and wine



Christmas

Word made flesh, life of the world,
in your incarnation you embraced our poverty:
by your Spirit may we share in your riches.

All **Amen.**



Epiphany

Lord, accept your people's gifts,
not gold, frankincense or myrrh,
but hearts and voices raised in praise
of Jesus Christ, our light and our salvation.

All **Amen.**

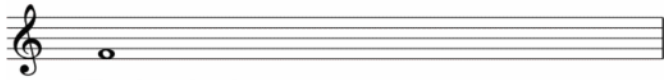
Great Prayer of Thanksgiving

Either **Prayer 1** or **Prayer 2** (on page 14) is used



Eucharistic Prayer 1

Please remain standing



The Lord is here.



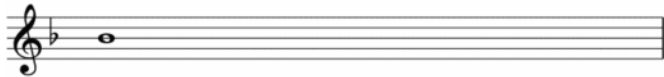
All His Spi - rit is with us.



Lift up your hearts.



All We lift them to the Lord.



Let us give thanks to the Lord our God.



All It is right to give thanks and praise.

Father, we give you thanks and praise
through your beloved Son Jesus Christ,
your living Word,
through whom you have created all things;
who was sent by you in your great goodness
to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection
by rising to new life;
so he fulfilled your will
and won for you a holy people.

*There follows a **Proper Preface**, then*

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and *singing*:

Either we sing

All *f* Ho - ly, ho - ly,
ho-ly Lord, God of power and might,
Heav'n and earth are
full of your glo-ry. Ho - san - na, Ho -
- san - na, *ff* Ho - san - na *rall.* in the high-est.
A tempo *mf* Bles - sèd is he who
comes in the name of the
Lord, the name of the Lord. *f* Ho -
- san - na, Ho - san - na, *ff* Ho -
- san - na *rall.* in the high - est.

Or we say

All Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.

Lord, you are holy indeed,
the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood
of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples,
saying:

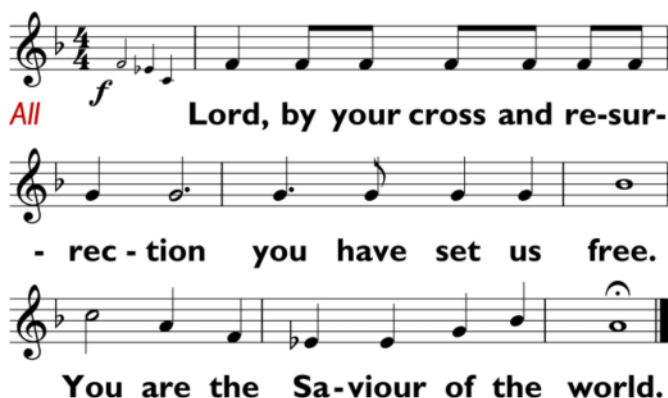
Take, eat; this is my body
which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.

Do this, as often as you drink it,
in remembrance of me.

◆ Jesus Christ is Lord:



The musical notation is written on three staves in 4/4 time, with a key signature of one flat (B-flat). The first staff begins with a treble clef, a 4/4 time signature, and a dynamic marking of *f* (forte). The lyrics "Lord, by your cross and re-sur-" are written below the first staff. The second staff continues the melody with the lyrics "- rec - tion you have set us free." The third staff concludes the phrase with the lyrics "You are the Sa-viour of the world." The word "All" is written in red text to the left of the first staff.

All *f* Lord, by your cross and re-sur-
- rec - tion you have set us free.
You are the Sa-viour of the world.

And so, Father,
calling to mind his death on the cross,
his perfect sacrifice made once
for the sins of the whole world;
rejoicing in his mighty resurrection
and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial
of our redemption.

As we offer you this our sacrifice
of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of [N and]
all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours,
almighty Father,
for ever and ever.



*After a short period of silent prayer, the service
continues with the Lord's Prayer on page 18*



Eucharistic Prayer 2

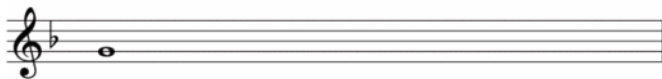
Please remain standing



The Lord is here.



All His Spi - rit is with us.



Lift up your hearts.



All We lift them to the Lord.



Let us give thanks to the Lord our God.



All It is right to give thanks and praise.



Christmas

All glory and honour be yours
always and everywhere,
mighty creator, ever-living God.

We give you thanks and praise for your Son,
our Saviour Jesus Christ,
who for love of our fallen race
humbled himself,
and was born of the Virgin Mary
by the power of your Spirit,
and lived as one of us.

In this mystery of the Word made flesh
you have caused his light
to shine in our hearts,
to give knowledge of your glory
in the face of Jesus Christ.

In him we see our God made visible
and so are caught up in the love of the God
we cannot see.

Therefore with all the angels of heaven
we lift our voices to proclaim
the glory of your name
and sing our joyful hymn of praise:

Epiphany

All honour and praise
be yours always and everywhere,
mighty creator, ever-living God,
through Jesus Christ
your only Son our Lord:
for at this time we celebrate your glory
made present in our midst.

In the coming of the magi
the King of all the world
was revealed to the nations.

In the waters of baptism
Jesus was revealed as the Christ,
the Saviour sent to redeem us.

In the water made wine
the new creation was revealed
at the wedding feast.
Poverty was turned to riches,
sorrow into joy.

Therefore with all the angels of heaven
we lift our voices to proclaim
the glory of your name
and sing our joyful hymn
of praise:



Either we sing

All *f* Ho - ly, ho - ly,
ho-ly Lord, God of power and might,
Heav'n and earth are
full of your glo-ry. Ho - san-na, Ho -
san-na, *ff* Ho - san-na *rall.* in the high-est.



Or we say

**All Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood
of your dear Son.

On the night before he died
he had supper with his friends
and, taking bread, he praised you.
He broke the bread,
gave it to them and said:
Take, eat;
this is my body which is given for you;
do this in remembrance of me.

When supper was ended
he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life
and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

◆ Jesus Christ is Lord:



All *f* Lord, by your cross and re-sur-
- rec - tion you have set us free.
You are the Sa-viour of the world.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen
in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with [N and] all the saints
to feast at your table in heaven.

Through Christ, and with Christ,
and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours,
O loving Father,
for ever and ever.



All *f* A - men, A - men.

*After a short period of silent prayer, the service
continues with the Lord's Prayer on page 18*



The Lord's Prayer

Please kneel

We pray the Lord's Prayer, in whichever version or language we wish

- ◆ Rejoicing in the presence of God here among us, we turn to the Father in prayer as we say:

Either

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth
as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Or

All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever.
Amen.



Breaking the Bread

The priest breaks the consecrated bread

We break the bread of life,
and that life is the light of the world.

All God here among us,
light in the midst of us,
bring us to light and life.

Agnus Dei

Either we sing

All *mp* Lamb of
God, you take a-way the sin, the
sin of the world; *mf* have
mer-cy u-pon us, have mer-cy u-
- pon us, have mer-cy u - pon
mp us. Lamb of God, you
take a - way the sin, the
sin of the world; *mf*
grant us your peace; grant us your
peace; *dim.* grant us your
rall.
mp peace. *p*

Or we say

All Jesus, Lamb of God,
have mercy on us.
Jesus, bearer of our sins,
have mercy on us.
Jesus, redeemer of the world,
grant us peace.



Invitation to Communion

Either

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink in remembrance
that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

Or

Christ is the true bread
which has come down from heaven.

All **Lord, give us this bread always.**



Sharing Communion

If you are onsite

You are invited to come forward to the altar to receive the bread and wine (if you would do so in any Christian church), or else to receive a blessing

If you wish to receive a blessing, please keep your hands lowered

If you are joining in online

You may wish to pray this Act of Spiritual Reception

***Thanks be to you, Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults
you have borne for me.
Since I cannot now receive you
sacramentally,
I ask you to come spiritually
into my heart.
O most merciful redeemer,
friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly, day by day.
Amen.***

after the Prayer of St Richard of Chichester

Prayers after Communion

Please kneel

The **Post-Communion Prayer** may be said

Then all say one of these prayers

Either

All God of glory,
you nourish us with your Word
who is the bread of life:
fill us with your Holy Spirit
that through us the light of your glory
may shine in all the world.
We ask this in the name of
Jesus Christ our Lord.
Amen.

Or

All Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son
and brought us home.
Dying and living,
he declared your love,
gave us grace,
and opened the gate of glory.
May we who share Christ's body
live his risen life;
we who drink his cup
bring life to others;
we whom the Spirit lights
give light to the world.
Keep us firm
in the hope you have set before us,
so we and all your children
shall be free,
and the whole earth
live to praise your name;
through Christ our Lord.
Amen.

Banns of Marriage may be published
and **Notices** may be given out





At the beginning of the service, we gathered as one body, to be fed spiritually by God's word as we heard and reflected on the Scriptures, and by the body and blood of Jesus as we received bread and wine or made a spiritual communion.

Nourished and strengthened, we now prepare to go out with Christ into the world in which he was born, to serve him in our brothers and sisters for whose sake he was born among us.



Sent out by God – Christmas

Please stand

A hymn or carol may be sung

This Acclamation may be used



◆ Glory to Christ, Son of Mary;
born a child, you are one with us.

All Glory to God in the highest.

◆ Glory to Christ, Son of David;
born to rule, you reign in our hearts.

All Glory to God in the highest.

◆ Glory to Christ, Son of Man;
born to save, you are the light of the world.

All Glory to God in the highest.

The Blessing

Christ, who by his incarnation
gathered into one
things earthly and heavenly,
fill you with peace and goodwill
and make you partakers
of the divine nature; ...

Or

Christ the Son of God, born of Mary,
fill you with his grace to trust his promises
and obey his will; ...

... and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen.

◆ Go in peace to love and serve the Lord.



All In the name of Christ. A - men.

Sent out by God – Epiphany

Please stand

A hymn or carol may be sung

This Acclamation may be used

- ◆ Blessed are you, Lord our God,
King of the universe.
All To you be glory and praise for ever.
- ◆ From the rising of the sun to its setting
your name is proclaimed in all the world.
All To you be glory and praise for ever.
- ◆ When the time had fully come
you sent the Sun of Righteousness.
**All In him the fullness of your glory dwells.
To you be glory and praise for ever.**

The Blessing

Christ our Lord,
to whom kings bowed down in worship
and offered gifts,
reveal to you his glory
and pour upon you the riches of his grace; ...

Or

Christ the Son of God
perfect in you the image of his glory
and gladden your hearts
with the good news of his kingdom; ...

... and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen.

- ◆ We have seen his glory,
the glory revealed to all the nations.
Go in peace to love and serve the Lord.


All In the name of Christ. A - men.





Today I pray
For those who have been called
To foreign lands and distant shores.
Lord, hear my prayer.

Today I pray
For those who have been called
Away from family and friends.
Lord, hear my prayer.

Today I pray
For those stuck in sameness
No escape, nothing new.
Lord, hear my prayer.

Today I pray
For those who listen for Him
Who wait for His direction.
Lord, hear my prayer.

Today I pray
For those who pray for others
May they be blessed.
Lord, hear my prayer.

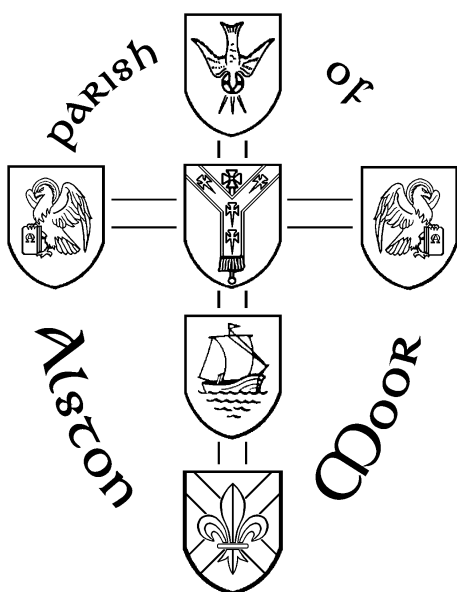
To our VISITORS

Thank you
for worshipping with us today.

We thank God
for your presence in worship,
and we invite you to return soon.

Until then, we wish you God speed
and a safe journey.





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